

The Name of the Lord

Additional Study

The past few days, we've been considering Proverbs 18:10. You are encouraged to go back to read the posts on this topic:

- [Part One: The Name is a Place](#)
- [Part Two: The Tower You Can Run To](#)
- [Part Three: Run and Be Safe.](#)

“The name of the Lord is a strong tower;
the righteous man runs into it and is safe.”
— Proverbs 18:10

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The more I mulled over that verse, the more I realized this is not just poetic language. It is deeply personal. Our safety is not found in a concept, a ritual, or a feeling. Our safety is found in the Lord Himself.

In Scripture, a name is never just a label. It reveals character, nature, and authority. So when the Bible speaks of the name of the Lord, it is speaking of all that God is— His holiness, His power, His covenant faithfulness, His mercy, His presence, and more.

To run into His name is to run into the reality of who He is.

- When Hagar was abandoned and afflicted, she discovered Him as **the God who sees.**
- When Abraham stood on the mountain of testing, he learned that the Lord is **the One who provides.**
- When Israel faced battle, God revealed Himself as **the Lord our banner.**
- When fearful hearts trembled, He showed Himself as **peace.**

The name of God is not empty religious language. It is revelation born from real need in the midst of real circumstances.

And that is also what makes Proverbs 18:10 so comforting. We do not run to a weak or puny hiding place. We run to the God whose name has been proven again and again through the lives of His people.

His name is a refuge because His character does not change.

People fail.

Circumstances shift.

Emotions rise and fall.

But the name of the Lord remains strong.

There are days when we do not know what to pray. Days when the burden is too heavy to explain. Days when the only thing our hearts can manage is to whisper, “Lord...” Even then, there is safety in His name.

His name is where fear begins to lose its grip.

His name is where the soul remembers who is in control.

His name is where the righteous run—not because they are strong, but because He is.

Today, whatever weighs heavily on your heart, do not stand exposed in your own strength. Run to the Name above every name. There is shelter there. There is peace there. There is safety there.

“**The name of the Lord is a strong tower;
the righteous man runs into it and is safe.**”
— Proverbs 18:10

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So, let’s drill down on some of this as we personally dig a little deeper into the Word of God.

On the next pages, you’ll find a **printable *Personal Study and Reflection*** based on the **Name of God**. You can make it brief by just reading. Or, you can dig deeper by doing additional reading and research on each of the thoughts included. You can write down your thoughts, your perceptions, your ideas as we all continue to learn the greatness of our God.

At the end of this study, I share a GREAT book by a wonderful author whose research has focused on the Old Testament, particularly the Name of God and the Torah. I encourage you to [get a copy](#) of **Bearing God's Name** by Carmen Joy Imes, and devour it!

If you have questions or comments on the following study, please don't hesitate to contact me at jan@janross.org or on Facebook.

The Name of God

Personal Study & Reflection



Key Truth:

The name of God is not merely a title—it is a revelation of His character, His nature, and His presence.

1. The Name Reveals Who God Is

Read:

- Psalm 9:10
 - *And those who know your name will trust in you, for you do not forsake those who seek you, O Yahweh. (LEB)*
- Psalm 111:9
 - He has sent redemption to his people; he has commanded his covenant forever; holy and fearful *is* his name. (LEB)

Research and Note Additional References:



Key Truth:

To know God's name is to know Him personally—not just intellectually.

Pause, Write & Reflect:

What does it mean for me to *know* His name, not just know about Him?

2. “I AM” – The Unchanging God

Read:

- Exodus 3:14
 - God said to Moses, “I am who I am.” And he said, “Say this to the people of Israel: ‘I am has sent me to you.’” (ESV)
- Malachi 3:6
 - “For I the Lord do not change...” (ESV)
- Hebrews 13:8
 - Jesus Christ is the same yesterday and today and forever (ESV)

Research and Note Additional References:



Key Truth:

God is eternal, unchanging, and self-sufficient. He is everything we need—at all times.

Pause, Write & Reflect:

Where do I need to trust God as “I AM” in my life right now?

3. The Names of God in Our Need

Look Up & Consider:

- Genesis 22:14 – The Lord Will Provide
 - So Abraham called the name of that place, “The Lord will provide”; as it is said to this day, “On the mount of the Lord it shall be provided. (ESV)
- Exodus 15:26 – The Lord Who Heals
 - If you will diligently listen to the voice of the Lord your God, and do that which is right in his eyes, and give ear to his commandments and keep all his statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the Lord, your healer.” (ESV)
- Exodus 17:15 – The Lord My Banner
 - And Moses built an altar and called the name of it, The Lord Is My Banner (ESV)
- Judges 6:24 – The Lord Is Peace
 - Then Gideon built an altar there to the Lord and called it, The Lord Is Peace... (ESV)
- Psalm 23:1 – The Lord My Shepherd
 - The Lord is my shepherd; I shall not want. (ESV)

Research and Note Additional References:



Key Truth:

God reveals His name in real-life moments of need.

Pause, Write & Reflect:

Which name of God speaks most to my current situation—and why

4. Jesus – The Name Made Near

Read:

- Matthew 1:23
 - Behold, the virgin shall conceive and bear a son, and they shall call his name Immanuel” (which means, God with us) (ESV)
- John 8:58
 - Jesus said to them, “Truly, truly, I say to you, before Abraham was, I am.” (ESV)
- John 14:9
 - Jesus said to him... “Whoever has seen me has seen the Father... “ (ESV)

Research and Note Additional References:



Key Truth:

Jesus is the full revelation of God—His name made visible and personal.

Pause, Write & Reflect:

How does knowing Jesus help me better understand who God is?

5. A Holy Name... An Invitation to Draw Near

Read :

- Exodus 20:7
 - You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes his name in vain. (ESV)
- Matthew 6:9
 - Pray then like this: “Our Father in heaven, hallowed be your name...” (ESV)
- Romans 10:13
 - For “everyone who calls on the name of the Lord will be saved. (ESV)
- Proverbs 18:10
 - The name of the Lord is a strong tower; the righteous man runs into it and is safe (ESV)

Research and Note Additional References:



Key Truth:
God’s name is holy—and yet He invites us to call upon Him.

Write & Reflect:

Do I run to God’s name as my refuge? What holds me back?

6. Carrying His Name

Read:

- Isaiah 62:2

- The nations shall see your righteousness, and all the kings your glory, and you shall be called by a new name that the mouth of the Lord will give. (ESV)
- 2 Timothy 2:19
 - But God’s firm foundation stands, bearing this seal: “The Lord knows those who are his,” and, “Let everyone who names the name of the Lord depart from iniquity. (ESV)

Research and Note Additional References:



Key Truth:

We don’t just know His name—we carry it... We bear it.

Pause, Write & Reflect:

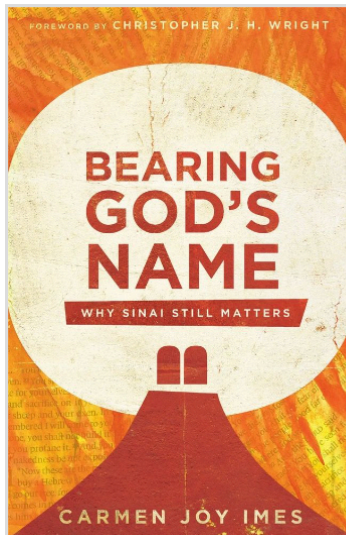
Does my life reflect the name I bear?

Suggested Closing Prayer:

Lord, thank You for making Yourself known to me. Teach me to trust Your name, rest in Your character, and reflect Your heart in my life. You are everything You have revealed Yourself to be—and You are enough. Amen.

Make the Closing Prayer Personal:

Suggested Reading:



Bearing God's Name: Why Sinai Still Matters

Why Sinai Still
Matters

[Click the Link Below](#)

[🌐 Bearing God's Name: Why Sinai Still Matters](#)

Discovering the Connection: The Old Testament and Christian Life

Revisiting Sinai: The Foundation of Faith

In her warm and accessible book, Imes takes readers back to Mount Sinai, the ancient mountain where Israel met their God. It is here that crucial events unfolded, shaping the faith and identity of the Israelites. Imes argues that these events are not just historical relics but integral to understanding our spiritual journey today.

The Misunderstood Command

A central theme Imes explores is the often-misunderstood command about "taking the Lord's name in vain." Contrary to common belief, Imes suggests that this command is not merely about avoiding irreverence in speech. Instead, it is about

"bearing God's name"—a profound responsibility that carries significant implications for how we live our lives.

Bearing God's Name: A Continuing Theme

The concept of bearing God's name is not confined to the Old Testament. It weaves through the tapestry of Scripture, influencing how we understand our identity and mission as followers of Christ. By examining this theme, Imes reveals that the story of Israel is, in fact, our story too.

Conclusion: An Invitation to Explore

Carmen Joy Imes encourages us to delve deeper into the Old Testament, viewing it not as a separate entity but as an integral part of our Christian life. By exploring these ancient texts, we gain insights into our faith, identity, and calling. Sinai still matters, and its lessons continue to shape us as we walk in the footsteps of Jesus.

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“Sit often under the influence of God’s Word.”

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